

How to make a delicious cereal breakfast?

Detail Introduction :

How do we eat a breakfast meal that is nutritious and convenient? That is the question a lot of people in modern society encounter. Breakfast cereal typically consists of a variety of grains and is fortified with vitamins and minerals. Eating cereals with milk is considered to be the perfect combination; when you add some fruit and milk, you get the balance of hydration, vitamins, minerals, protein, and carbohydrates to give you a great start to your day.

Cereals and milk have always been an excellent breakfast combination for a lot of people. Our Cereal Production Line can produce many types of cereal breakfasts. We offer you a wide variety of cereals, ingredients, shapes, and flavors for you to choose from just in case you are tired of consuming the same old cereal all the time.



As a matter of fact, there are many other ways to eat cereals besides eating them with milk. If you have cereals at home and you don't know how to deal with them, here are some tips and super tasty and nutritious recipes of great fun for you that might be handy. These cereal recipes will be best for your mood and make a great meal. These recipes are best for meal prep and snacks. Easy to make these recipes need very few simple ingredients and get a quick meal at any time and ready in just 20 minutes at home.

Banana walnut mixed cereal breakfast:

Ingredients: cereals, chopped walnuts, banana chips, yogurt mixed with raisins

Instructions: If you don't have time to make breakfast, this recipe is probably the one for you. You can mix all the ingredients in a bowl or cup the night before and eat it the following day. It would taste even better when eaten with a cup of a non-fat latte. Take your favorite cereal cup. Get an amazing flavorful banana walnut mixed cereal just made healthy enough for breakfast. This recipe is meant to make you feel a

on the morning meal or snacks.

Apple crisp cereal breakfast:

Ingredients: granular cereals, diced apple, raisins, cinnamon bark, walnut kernels, skim yogurt, unsweetened apple sauce

Instructions: Placing apple diced apples, applesauce, raisins, and cinnamon in a bowl, give them a good mix and then sprinkle whole grains evenly on top, then heat it in the microwave. If you like cheese, it is also very tasty when you put a layer of cheese on top. If you like frozen food, you can put the prepared breakfast in a glass jar the night before, keep it in the refrigerator overnight, and take it away anytime the following morning.

Almond Butter Cereal Bars:

Ingredients: cereals, honey, almond butter, vanilla aroma, dark chocolate chips

Instructions: Firstly, melt the butter, then put the honey and vanilla aroma in a small saucepan and mix them evenly while heating. After heating, slowly adding the grain powder and chocolate chips to low heat, and stir it a good mix. Then, compress the mixtures in a glass container of a suitable size. It is best to place it in the refrigerator to cool down overnight for a solid texture. Finally, the next morning it is ready to be taken out and cut into chunks for consumption. This almond butter cereal recipe is healthy, delicious and a perfect breakfast or snacks. Adding almond and butter make this recipe so tasty and healthy. You can easily enjoy the days with it in the morning breakfast or evening snacks. Make this recipe in the instant pot or slow cooker or whatever you like.



Frozen cereal cake breakfast:

Ingredients: cereals, honey, blueberries, goji berries, almond flour, nonfat yogurt

Instructions: Adding honey to the yogurt and stirring evenly. Then, placing the mixture on a plate or a glass container. The next step is to add cereals, yogurt, honey mixture, blueberries, wolfberry, and almond flour in sequence. You would get a double-layered cereal cake if you just place twice the ingredients. You would not be disappointed about the final result that is super nutritious and mouthwatering.

Our Cereal Production Line produces a variety of cereal breakfasts.

It is also an option if you prefer purchasing the cereal food directly from us in case you don't have time to prepare and make them. The products are guaranteed with high-quality and superb taste ensuring our customers to purchase without additional concerns.