

# How to Buy Biscuits?

## Detail Introduction :

As a common food in life, there are countless types of biscuits; soda biscuits, sandwich biscuits, digestive biscuits, etc. Biscuit Production Line can produce a wide range of biscuits to meet the needs of consumers. With so many different types of biscuits available, do you know how to choose? To eat healthy, the purchase of biscuits is a very noteworthy issue. There are good and bad quality of biscuits in this case, it is necessary to master some methods of biscuit purchase, here are some tips on how to buy biscuits.



### 1. Look at the Packaging

The packaging of a proper biscuit should include the manufacturer, factory address, telephone, implementation standards, ingredient list and shelf life, all of which are required by the state to be on the food. When buying, pay attention to check if the bag has these signs on it. If you buy biscuits that don't even have the most basic date of manufacture, then such biscuits are definitely irregular and unhealthy.

### 2. Look at the Channels

As a commodity, biscuits may be counterfeit, so you should choose to buy them from a regular channel when buying. Generally, large supermarkets are more stringent in buying biscuits, and the quality of the biscuits is guaranteed, so it is more reassuring to eat them.

### 3. Look at the Brand

Generally speaking, the quality of good brand biscuits is still guaranteed. It is best to buy biscuits under well-known brands, which are not easy to develop, and the quality control will be stricter, so the quality of the biscuits produced is also guaranteed, buy these brand products, buy some peace of mind.

#### 4. Look at the ingredients

The ingredients are the core content of the biscuits. Generally, biscuits produced in accordance with national requirements and regulations will be on the label by the product ingredients list, generally the ingredients on the biscuits are flour or cereals, fats and sugars, yeasts and some additives. When buying, take a look for yourself at the composition of the biscuit.

#### 5. Smell

A good biscuit should have the characteristic cereal-like aroma of biscuits and a fresh oil smell, while a biscuit smells heavier because of the additives and flavours added, the smell will be stronger and cover the natural taste of the biscuit, the oil may also be of poor quality and repeatedly used many times, so the biscuit produced is very unhealthy.

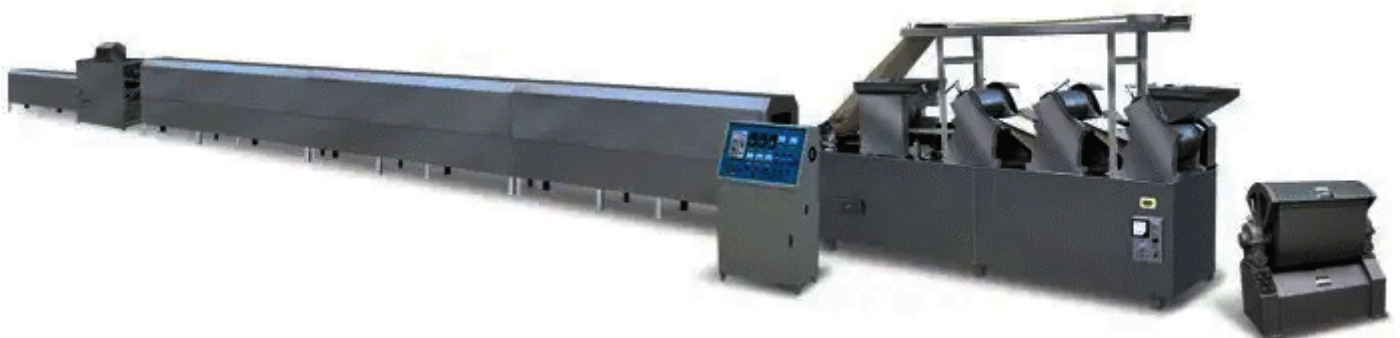
#### 6. Taste

When choosing biscuits, some people think that the crispier the biscuit, the better, the crispier the biscuit, the better, some even think that the sweeter the biscuit, the better, but these are all incorrect perceptions. A good biscuit has a natural grain flavour, a pure sweetness, should not stick to the teeth, and should be relatively crispy and flaky.



Overall, to choose healthy biscuits, it is best to choose biscuits with less fat, lighter flavours and fewer additives. Biscuits containing vegetables, lighter salty and sweet flavours and lower fat content are better. Whereas soda biscuits are higher in calories and fat and should not be eaten in large quantities, whole grain biscuits can be used for filling up.

These are some of the ways to buy and sell biscuits. By understanding these methods, you can avoid buying poor quality biscuits when choosing biscuits. And paying attention to these aspects can help you buy healthy and safe biscuits that are safe to eat and not harmful to your body.



Currently, the biscuits we buy are processed and made through the Biscuit Production Line, which is designed to produce a wide range of biscuits with different flavours and shapes by changing the moulds. The produced biscuits have a very good taste, are healthy and safe, and the quality is guaranteed to meet food hygiene and safety standards.